



NEWSLETTER

OCTOBER 2011

HELLO EVERYONE,

I hope you had a wonderful summer. It is hard to believe that skiing is just around the corner. Please keep your athletes participating in a variety of physical activity to get ready for the time on the snow. Our vision for all programs is to develop the strongest well rounded snow sport athletes with strong fundamental skills that will provide them with the tools to excel in any venue whether it is competitive or just challenging terrain.

PROGRAM INFORMATION

Please remember to sign up before November 1 to avoid any late fees. Returning families do have priority so please get your paperwork in so new families can be accepted into the program if there is availability. Please take the time to complete all forms: the application, medical form, (one for each child) and your volunteer form. ALL FAMILIES must pay the Family membership fee which goes toward program equipment and the Mt. Sunapee Area Ski Club membership.

If you have any questions about the program application please contact Jill at alpine@mtsunapee.com or 763-3500 ext 3548.

SEASON PASSES

All **athletes** are eligible for the early season prices which expire October 10, 2011. Remember the early season pass rate only applies to the Alpine Program Athlete, not the entire family. Please call Guest Services at 763-3500 to order your passes and mention your child is part of the Alpine Program.

Joining USSA (USASA is for Snowboarders), Freestyle and Alpine (USSA) athletes. Development and Race Development please register with NASTAR.com for NASTAR number. Joining NHARA (New Hampshire Alpine Racing Association) is only for J1- J5 athletes. Mighty Mites, Development and Freestyle do not have to join.

After you have signed up and paid for the program you will receive a Parent Handbook as well as your volunteer assignments.



COMPETITION SCHEDULES

If you are looking for competitive schedules for ALL disciplines go to the web sites www.nhalpine.org www.eastern-freestyle.com or www.USASA.org.

NEW NEXT YEAR - AGE CHANGE

There will be, for next season (2012-2013) an age change in the Alpine Program. Essentially, whatever age group your athlete is in for the 2011-12 season they will remain in that age group for the 2012-2013 season. More information will be available in the Parent Handbook. If you have more questions please do not hesitate to call.

VOLUNTEER PROGRAM COMPLIMENTARY TICKET PROGRAM

The volunteer program will continue as it has in the past. Each volunteer parent worker will receive a complimentary ticket for the day worked. We are very lucky to have this program as many other club programs do not have this privilege. No substitution of date can be made and vouchers will not be accepted during Holiday Periods. As a reminder, vouchers from 2010-2011 will expire on December 24th, 2011. **No exceptions.**

MT. SUNAPEE AREA SKI CLUB - GET INVOLVED!

Did you know that all families that are part of the Alpine Program are members of the



Mt. Sunapee Area Ski Club? The Ski Club works hard at fundraising efforts through a variety of events, including dinners and the ski swap. The ski club fundraising effort benefits the Competition Center, scholarships for the Alpine Program, a learn-to-ski program, the Tuohy Mighty Mite Race, local ski jumping, cross country programs, high school racing, and equipment for the Alpine Program. The Ski Club is looking for people who may be willing to be involved and help further the goal of promoting snow sports programs for children in the area. Please contact me if you are interested in getting involved.

What is New at Mount Sunapee and the Alpine Program

We are excited for the upcoming season. We have been updating our website and getting all the lifts ready to go. We have added the Snowboard Development Group which will meet for 10 Saturdays and follow the same schedule as Development Group. All Development Programs, including Race and Snowboard, will meet Saturday, December 31 to group athletes.

We are adding NASTAR Work Days as part of our volunteer choices. Those interested in the Race Crew we encourage you to try out all aspects of the job.

We would like to put the Race Crew to work this fall by building more storage space and hooks in the Competition Center. Helping during this time will count as a volunteer day.

We hope to continue skiing and boarding more into the 2:30pm-3:30pm time slot. We will always break at 2:30pm for those who need to leave, but we encourage all athletes to continue training on hill for those who can stay and parents are welcome to join us. One of our challenges as a program is getting enough time on the snow. So I encourage you to allow

your athletes to ski or board as long as possible. If there are opportunities to get on the hill during the week, please do.

GENERAL REMINDERS

If you are not receiving emails please send your email addresses to alpine@mtsunapee.com.

SEASON RENTALS

For families with homes to rent or families looking to rent please use local real estate offices or a very popular web site is VRBO.com, Vacation Rental by Owner.

Bob Skinners will be ordering the quilted jackets again this year. They are running a special deal on last year's stock of jackets - \$65.00. We can also have jackets with Freestyle or Snowboard on them. Questions, please call Skinners at 763-2303

QUESTIONS?

Please call me at:

603-763-3500 ext. 3548

Email: alpine@mtsunapee.com

- Jill Firstbrook

Alpine Program Coordinator

DATES TO REMEMBER

Sunday, Oct., 23	USSA Alpine Eastern Conference for Coaches, Parents and Athletes www.ussaeast.com to register (FREE). See the enclosed Flyer. Mount Sunapee coaches will be participating. Please come if you can.
Friday, Nov., 18	Ski Swap drop off 4pm-7pm, Spruce Lodge
Saturday, Nov., 19	The Mount Sunapee Area Ski Club Ski Swap. Drop off will be Friday Nov., 18th
Saturday, Nov., 19	Mt. Sunapee Area Ski Club Pot Luck - 6pm in Goose feathers for the Ski Club members and all Alpine program groups. Raffle, slide show, new parent meeting, and ski movies. Come and renew friendships or meet new families of the program.
Sunday, Nov., 27	J1 and J2 program starts 9:30am in the Sunapee Lodge
Saturday, Dec., 3	J1 and J2 Skiing 9am location TBA
Sunday, Dec., 4	J3 Program Starts 9:00 am location Spruce Lodge
Saturday, Dec., 10	Program Starts for J4-J5-Freestyle-Snowboard 9:00 am
Saturday, Dec., 10	J2/J1 Parent/Athlete meeting 2:00pm Location TBA
Saturday, Dec., 10	Mt. Sunapee Area Ski Club Roast Beef Dinner, Toys for Tots, Meet Santa more details to follow- To make reservations call Mount Sunapee at 763-3500 by Dec., 7
Sunday, Dec., 11	Program continues J3 Meeting @ 2pm location TBA
Saturday, Dec., 17	9:30am -12:00pm Mighty Mite Challenge ONLY for new to the program Mighty Mites-Meet at the Alpine Competition Center, Skiing will be on South Peak
Sunday, Dec., 18	All Mighty Mites start
Sunday, Dec., 18	Parent Meeting Question and Answers 1:00pm-2:30 pm
Dec., 19-25	Days off
Dec., 25	Happy Holidays! Program will run Christmas week Saturday Dec., 26 program resumes Saturday Dec., 31
Sunday Dec., 31	Parent Training for events earn a complimentary ticket (no Volunteer credit just knowledge)
Sunday Dec., 31	All Development (Race and Snowboard also) athletes meet 9:30-12noon at the Alpine Competition Center for group placement
Sunday Dec., 31	Ice Cream Social at 2pm for ALL Programs, Coaches, and parents in the Alpine Competition Center